

Helping People To Grow Better Together.

KEEPING THE BALANCE

Keeping the balance between safety, productivity, and personal well-being is essential for a thriving and harmonious work environment. By actively participating in this process, you contribute to a workplace that values the well-being of its employees, ensures efficiency, and maintains a positive reputation.



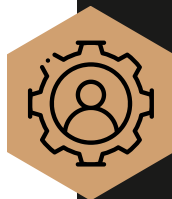
THE IMPORTANCE

- Efficiency and productivity are key to achieving organizational goals and success.
- Employee satisfaction and health.
- Reduces stress and fosters a positive work atmosphere.



KEEPING THE BALANCE

- Prioritize safety over shortcuts or expediency in work tasks.
- Pre-plan to integrate safety and productivity.
- Manage time to avoid burnout.
- Communicate and be flexible.



YOUR ROLE

- Be self-aware of your mental health and communicate your needs.
- Communicate safety issues.
- Lead by example.

TOOLBOX TALK